

PROCEDURE FOR OBTAINING A SPORT PHYSICAL 2016-2017

In accordance with New York State Education Law, any student participating on an organized athletic team must have an annual physical to participate. **Physicals are good for a period of one (1) year through the last day of the month in which the physical was acquired. In addition, a health update (Health History Form/ Sports Form) must be completed by the parent/guardian for each sport played.** The form is then submitted to the School Nurse. *Students MUST have **BOTH** a physical and update form in order to participate in a sport.

Physicals will be offered throughout the school year by the school physician and appointments must be made in the school nurse's office at the school your child attends.

The following options are available if your son or daughter wants to participate on an athletic team:

- 1.** Obtain a physical at school. ***YOU MUST MAKE AN APPOINTMENT**
- 2.** Your child may get a sport physical by their private physician. **The physical should be completed on the Health Appraisal Physical Form.** A Health History Update Form must also be completed by a parent/guardian. Physical Appraisal Forms and Health History Forms are available in the nurse's office, athletic office (HS) and on the school web page. cheektowagak12.org; under Athletics.

Summer physicals this year will be offered at the High School Clinic on a first come first serve basis as follows:

Saturday August 13th from 8:00am-10:00am

and

Wednesday August 24th from 8:00am-10:00am

Over the summer physicals obtained by private physicians and completed Health History Forms can be dropped off in the Main Office or mailed addressed to the attention of School Nurse at the school your child attends.

Once school begins, all physicals and/or update forms are to be turned into the school nurse at the building your son/daughter attends. If you have any questions, please call the Athletic Office at 686-3625.